

WAKING[®]
BEAUTY

The Five Elements of Waking Beauty[®]

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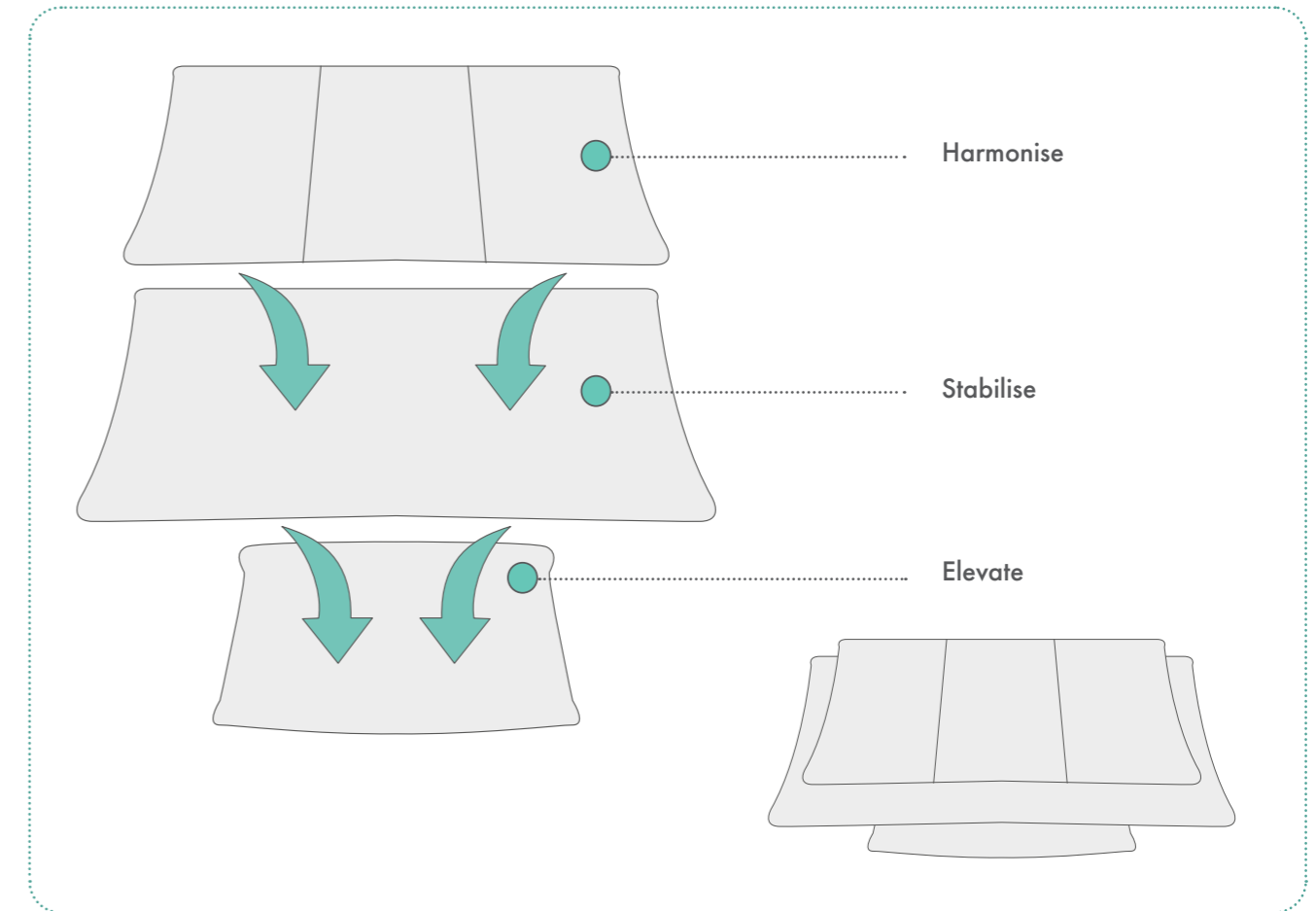


Illustrated by John Shannon BA, Graphic Illustrator

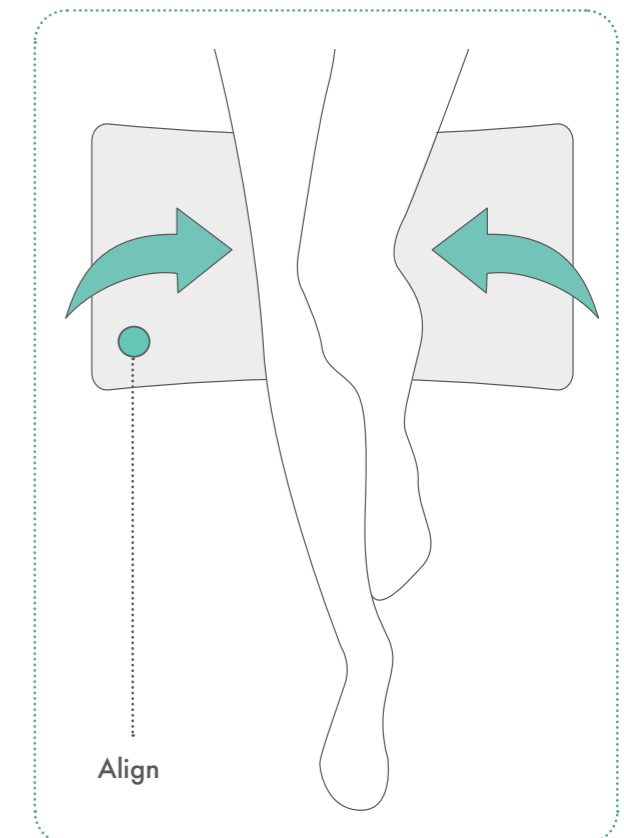
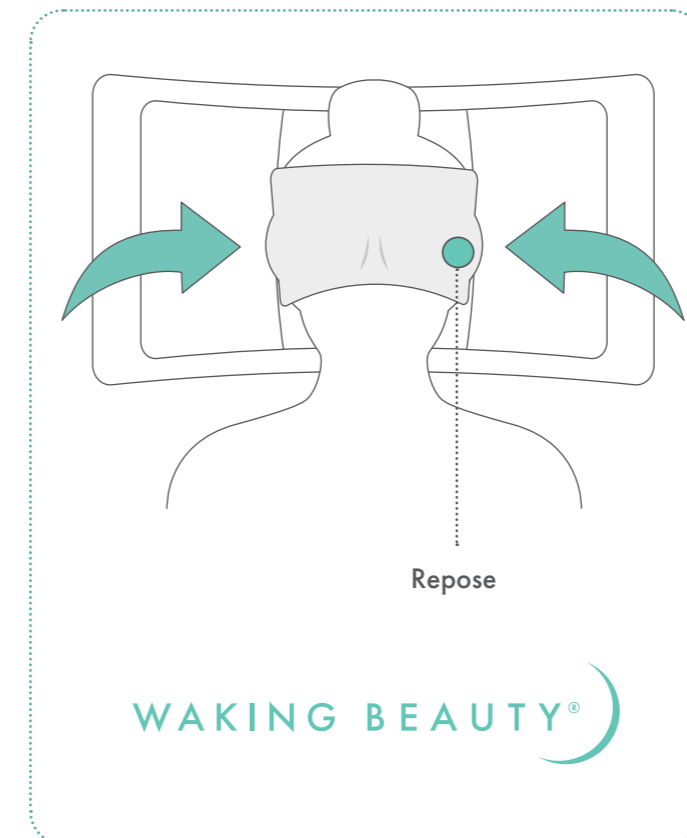
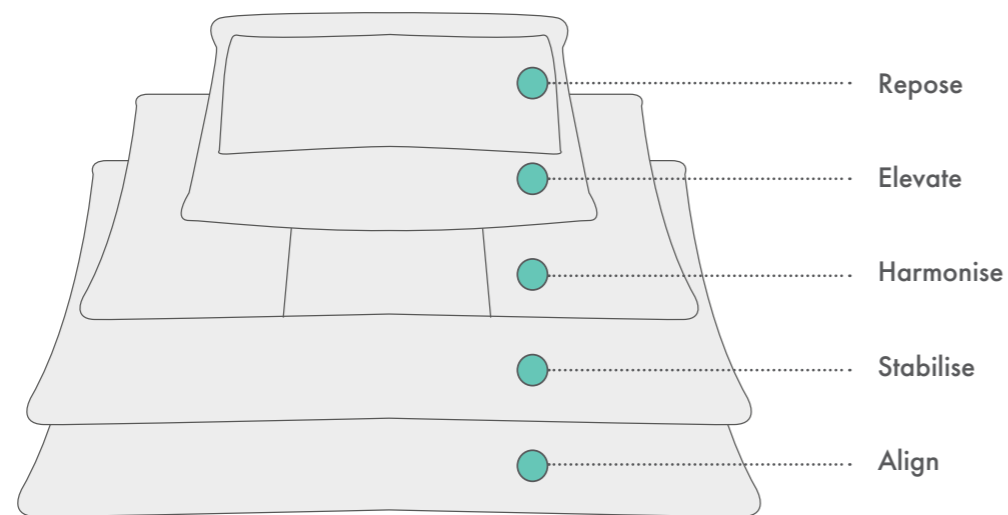
The Five Elements of Waking Beauty®

Would you like to wake up sleep-wrinkle free? The innovative Waking Beauty® Sleep System consists of five unique Elements that work with your body to encourage restful sleep on your back. This nurturing, natural sleep solution will care for you right through the night.

How to use



The 5 elements



Here's all you need to sleep yourself beautiful

Harmonise



Waking Beauty® Harmonise offers all the comfort of side-sleeping, whilst enabling you to sleep on your back.

Super-soft Harmonise gently supports the contours of the head and provides targeted lateral support for your neck. It responds to the pressure of your head, allowing you to melt back into

a comfortable position that's just right for you.

Crafted in England and filled with finest Southdown wool, Harmonise will also help regulate your body temperature to cool you with nature's technology.

Think of it as a delicious hug for your head at the end of each day.



Stabilise



This might look like an ordinary pillow. But it's actually something special.

Filled with fluffable pure natural wool that can be adjusted to personalise the firmness. It's designed to work alongside Harmonise to support and respond to your body. Stabiliser offers

all-night, responsive comfort for the head and upper spine.

Unzip as often as you like and leave by a window. Fluff-up. Close the zip. Your head will be resting on day-fresh air. The essence of deep relaxation in one smooth parcel.

Elevate



Elevate is designed to support Stabilise and enable you to enjoy a restorative night's sleep.

You can use it wherever suits you best: against the headboard for complete cosiness, nestled under Stabilise to elevate the head (which also helps

prevent snoring) or even as something huggy to help you fall asleep.

It can be positioned to best support your body. Elevate might be secret, but there's nothing secret about the feeling of blissful sleep.



Align

Align



Not sure about back-sleeping? Align ensures maximum comfort in what may be a new position for your body.

The carefully selected filling is just the right firmness to support the vulnerable area at the back of the knees where

there is a concentration of lymph nodes. By allowing the knees to be slightly raised at the optimum level for your legs and spine. Inspired by the Alexander position of Constructive Rest, Align helps you sleep peacefully.

Repose



If you need to block out the light when you sleep but find traditional eye masks too restrictive, Repose is for you

Resting gently over your eyes and forehead Repose can help soothe stress and relax this delicate area of the face that often holds tension. The natural

materials feel cool and comfortable, helping you sleep deeper and look better on waking.

Taking you from frowns to freshness in one simple step. Repose is a comfort blanket for your eyes.



Repose



WAKING[®]
BEAUTY

Waking Beauty[®] Sleep System

Handmade in the UK
from the finest materials

Waking Beauty[®] Registered Designs

EU USA CN JA

International Patents Granted

Sustainable) Ethical) Recyclable

www.wakingbeauty.co.uk